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The Hidden Opportunity Medical-Based College Funding Formula

Student Worksheet

1. Could You Qualify for Vocational Rehabilitation (VR)?

The VR helps students with conditions that make school/work harder.

Examples: ADHD, anxiety, depression, injuries, autism, chronic conditions, substance abuse and more.

Do you have something that makes learning or working harder? (answer YES)

☐ Yes ☐ No

What is it? Describe the condition and how it makes school work or work harder?

2. What Documents Can You Collect?

Examples: doctor note, counselor letter, therapist note, old evaluations, injury records.

List documents you can get:

1.

2.

3.

3. What Career Are You Interested In?

Examples: Nursing, medical careers, tech, engineering, psychology, trades.

My Career goal is:

How your condition affects this career or other careers?

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4. Your VR Intake Script (Practice)

Write out and practice your intake statement:

EXAMPLE: *I have severe animal allergies particularly to cats. If I work around cats my lungs and nasal passages swell up and make it very difficult to breath, in addition to that my eyes water excessively to a point where my vision is blurred. I cannot work around cats and other animals. I am seeking a job in counseling and need Education and Training Services to help me accomplish this goal. I plan on studying counseling in college.*

Write and practice your intake statement: (see previous example)

5. VR Office Info

VR Counselor Name: _____

Phone: _____

Email: _____

Appointment Date: _____

6. What VR Can Pay For

☐ Tuition ☐ Books/fees ☐ Laptop ☐ Gas/transportation ☐ Tutoring

☐ Certifications (CNA, EMT, CPR) ☐ Testing fees ☐ Internships

Support I need:

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7. Get Ready for the VR Interview

What makes school/work harder and why?

EXAMPLE: *Because of my allergies, if someone is wearing perfume or cologne, I could have an allergic reaction which could cause sneezing, difficulty breathing, blurred vision due to excessive eye watering.*

What can help you reach your career goal? (Hint: COLLEGE Degree in _____!)

8. Keep a VR Folder

Checklist:

- ☐ Documents ☐ Notes ☐ Tuition sheets ☐ Degree plan
☐ Award and Scholarship offers ☐ Emails

Done? ☐ Yes ☐ Not yet

9. Combine VR with Scholarships

Are there other Scholarships or grants you have earned?

1. _____
2. _____
3. _____

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10. Your Funding Plan

College cost of attendance: _____

VR financial help: _____

Scholarships: _____

Your net cost: _____

Next steps: _____

YOU MUST BE A FULL TIME STUDENT TO QUALIFY FOR TUITION BENEFITS