

Quick Quiz: What Type of Learner Are You?

Instructions: Check the box that best matches you for each question. Then count your answers to see your learning style.

1. When you're learning something new, you prefer to:

- A. Watch a video, diagram, or chart
- B. Listen to someone explain
- C. Try it yourself with hands-on practice

2. In class, you remember best when:

- A. The teacher uses pictures or writes things on the board
- B. You can hear examples and explanations
- C. You do an experiment, project, or activity

3. When studying for a test, you like to:

- A. Use flashcards, mind maps, or color-coded notes
- B. Read your notes out loud or listen to recordings
- C. Build models, do practice problems, or walk around while reviewing

4. If someone gives you directions, you'd rather:

- A. See a map or written instructions
- B. Hear the directions explained step by step
- C. Just start moving and figure it out as you go

5. Your favorite type of class activity is:

- A. Looking at charts, slides, or videos
- B. Group discussions or lectures
- C. Labs, role-playing, or building something

Scoring

- A.  Mostly A's = Visual Learner
You learn best with pictures, colors, diagrams, and written notes.
- B.  Mostly B's = Auditory Learner
You learn best through listening, discussions, and verbal explanations.
- C.  Mostly C's = Kinesthetic Learner
You learn best by doing, moving, and hands-on practice.